

# Community Resources

(Note: these resources were up to date as of 2022; please let staff know if you encounter an inaccuracy).

## Crisis Services and Community Supports

In addition to the coping strategies your therapist can help you develop, multiple other crisis services are available to support you:

- New York Police Department, 88<sup>th</sup> Precinct (718) 636-6511  
298 Classon Ave. Brooklyn, NY 11238
- NYC Well: 1-888-NYC-WELL (1-888-692-9355), text “Well” to 65173,  
<https://nycwell.cityofnewyork.us/en/>  
Free service in NYC, providing crisis counseling and linkage to mental health and substance use services.
- Emergency Services: 911.  
The police, fire department, and emergency medical services can be summoned 24 hours a day by calling 911. If you are at imminent risk for harming yourself or someone else, calling 911 is the appropriate thing to do. If your providers believe you are at imminent risk, or that you are unable to care for your basic needs, they may call 911 to have you evaluated in an emergency room.
- Empowerment Center: 877-HELP-800, 877-4357-800.  
The Empowerment Center in New York operates a “warmline” staffed by mental health participants trained to provide peer support over the telephone. Available 8 AM - 8 PM M-F.
- Parachute NYC Support Line: 646-741-HOPE.  
The Parachute NYC Support Line is a confidential phone service operated by peer staff that offers support and referral services to individuals experiencing emotional distress. The Support Line is available from 4 p.m. until midnight, seven days a week.
- S:US Wellness Works On-Call: 718-675-4610  
A clinician will respond to your call after-hours; please call this number for urgent matters only.
- The National Suicide Prevention Lifeline: 800-273-8255.
- Samaritans Suicide Prevention Hotline: 212-673-3000
- Safe Horizon’s Domestic Violence Crisis Hotline: 800-621-4673.  
Safe Horizon’s Hotline operates 24 hours a day/7 days a week. Counselors provide crisis counseling, safety planning, assistance with finding shelter, referrals to Safe Horizon programs or other organizations, advocacy with the police, and other crucial services.
- The Rape, Abuse, and Incest National Network (RAINN): 800-656-4673.  
RAINN provides immediate crisis help and information about recovery and prosecution.  
Children’s Services Child Abuse Hotline: (800) 342-3720.
- S:US Parachute Respite: 347-505-0870.  
Parachute Crisis Respite Center offers adults experiencing a crisis related to their serious mental illness temporary residential care for up to two weeks in a safe and supportive home-like environment. The program helps to prevent chronicity of mental illness and offers an innovative alternative to traditional emergency room and inpatient care.
- Adult Protective Services (APS) Referral Hotline: (212) 630-1853.  
Adult Protective Services (APS) is a program that arranges for services and support for physically and/or mentally impaired adults who are at risk of harm. Prospective clients may be

referred by anyone.

- Abandoned Infant Protection Act: (866) 505-SAFE (7233).  
Under the Abandoned Infant Protection Act, parents, guardians, or other legally responsible persons who are unable to care for their newborn infants may anonymously and safely leave their infant in the care of a responsible person at a hospital, police station, fire station or a responsible person at another safe location.
- NAMI-NYC Metro Helpline: 212-684-3264.  
The National Alliance on Mental Illness of New York City, Inc. is a grassroots organization that provides support, education, and advocacy for families and individuals of all ethnic and socio-economic backgrounds who live with mental illness.
- SAGE: 212-741-2247.  
Services and Advocacy for LGBT Elders (SAGE) provides counseling, advocacy and case management services for lesbian, gay, bisexual and transgendered seniors ages 60 and older. They will see clients ages 50 and older if they are HIV+.
- Rainbow Heights Club: (718) 852-2584.  
Rainbow Heights is a mental health support club for lesbian, gay, bisexual, and transgender adults who have a mental health diagnosis and are engaged in treatment.

## Wellness/Fitness Resources

- Whole Self Care  
S:US Wellness Works has partnered with Damian Family Health to provide primary care, plus health monitoring and wellness groups, located on the second floor of the Wellness Works Clinic. Ask your therapist for more details.
- Project Health  
Located on the second floor of the Wellness Works Clinic, Project Health provides HIV and viral hepatitis testing, hepatitis B vaccination, and health-focused support groups. Ask your therapist for more details.
- YMCA: 1-800-872-9622  
The YMCA has multiple locations throughout NYC, offering exercise equipment, swimming pools, and fitness classes. Memberships are available on a sliding scale for those on limited incomes. <http://www.ymcanyc.org/association/locations?map-zipcode=brooklyn>
- Shape Up NYC: <https://www.nycgovparks.org/programs/recreation/shape-up-nyc>  
Shape Up NYC offers multiple fitness classes free of charge throughout the city. Brooklyn offerings listed below:

Aerobics  
Van Dyke II Senior Center  
430 Dumont Avenue  
Tuesday: 11:00 a.m.-12:00 p.m.  
Wednesday: 11:00 a.m.-12:00 p.m.  
Thursday: 11:00 a.m.-12:00 p.m.  
Friday: 11:00 a.m.-12:00 p.m.

Cardio Sculpt Aerobics  
Breukelen Community Center  
715 East 105th Street

Beginner Yoga  
Brooklyn Public Library - Gerritsen  
Beach  
2808 Gerritsen Ave  
Tuesday: 6:30 p.m.-7:45 p.m.

Fitness for the Mind and Body  
Brownsville Recreation Center  
1555 Linden Boulevard

Tuesday: 8:00 p.m.-9:00 p.m.  
Thursday: 8:00 p.m.-9:00 p.m.

Tuesday: 9:00 a.m.-11:00 a.m.  
Wednesday: 9:00 a.m.-11:00 a.m.

## Primary Care

- Whole Self Care, Wellness Works Clinic  
S:US Wellness Works has partnered with Damian Family Health to provide outpatient clinic primary care screening and monitoring of key health indicators and health risk and wellness groups. Ask your therapist for more details.
- Bishop Orris G. Walker, Jr. Health Care Center: 718.613.6800  
528 Prospect Place, Brooklyn, NY 11238  
Large medical clinic providing primary care and specialty services. Part of Interfaith system.
- Brooklyn Plaza Medical Center: (718) 596-9800  
650 Fulton Street | Brooklyn, NY 11217  
Large medical clinic providing primary care and specialty services, regardless of insurance status.

## Transportation

- Reduced Fare Metrocards, Phone: 511 (say “Metrocard”)  
Individuals receiving Social Security income of all types can qualify for half fare Metrocards. Senior citizens and those who receive SSDI can show their Medicare cards as proof when applying. People who receive SSI simply have to authorize the MTA to look them up in the SSI database. Individuals who have a disability but do not receive Social Security income would have to have their physician fill out a portion of their Reduced Fare application. Applications and instructions are available at:  
<http://web.mta.info/nyct/fare/rfapply.htm>
- Access-A-Ride (AAR), Phone: 718-393-4999  
AAR provides transportation for people with disabilities who are unable to use public bus or subway service for some or all of their trips. It offers shared ride, door-to-door paratransit service or feeder service. Please call for more information.

## Benefits Assistance

- Good Shepherd Services: 718-965-3313 EX 409 or EX 451.  
The Good Shepherd Single Stop Service Center is a drop-in location for individuals and families to receive free, confidential assistance in accessing public benefits. The center provides legal counseling, immigration, financial planning assistance and referrals to other community-based organizations.
- Education & Assistance Corp./LINK: 718-975-0180.  
This agency provides case management services to individuals 16 years and older with a mental health history and forensic history. Services include: assessment, court advocacy, referrals to treatment, entitlements, and housing.
- New York State Medicaid Helpline: 888-692-6116.  
The NY State Medicaid Helpline was set up for NY State Residents who want to find out if they may be eligible for public health insurance programs offered by NY State, including: Medicaid, Child Health Plus, Family Health Plus, or The Family Planning Benefit Program.
- NYC Department for the Aging HIICAP: 212-602-4180.

Health Insurance Information & Counseling Assistance Program (HIICAP) offers free assistance to seniors, people new to Medicare and those who are disabled and rely on Medicare. Phone counselors help clients with questions on health care coverage, such as Medicare and managed care plans.

- Social Security Information Line: 800-772-1213.  
This information line provides information about Social Security benefits. Callers should have their Social Security number handy when calling.

## **Vocational Services**

- Services for the Underserved (S:US) - Employment Services: (347) 505 – 9694  
vocational program offering adults ages 18+ with a psychiatric disability with job coaching, placement, retention and development, benefits counseling, and paid employment training.
- Network Plus: 718-797-2509.  
Baltic Street Mental Health Board/Network Plus is a supported employment program for mental health consumers 18 years of age or older, who want to return to work. Services include classes in job readiness and job searching skills, assistance in finding and landing that job and follow-along services, and peer support.
- Adolescent Employment Education Program: 718-566-0305.  
The Brooklyn Bureau of Community Service/Adolescent Employment Program helps young people between ages 16 and 21 who have been diagnosed as severely emotionally disturbed to achieve their educational goals and enter the job market.
- Supported Employment: 718-310-5600.  
The Brooklyn Bureau of Community Service/Supported Employment program offers vocational training and job placement programs to meet the needs of clients with developmental disabilities and mental illness.
- Assisted Competitive Employment: 718-210-3800.  
The Center for Behavioral Health/Assisted Competitive Employment Program provides assessment, pre-vocational training, job development, job placement/training, job retention, career development, and case management services to adults 18-25 years old with psychiatric disabilities.
- Goodwill Industries BACE Brooklyn Supported Employment: 718-372-0169.  
BACE provides supported employment (job development, vocational counseling, job placement, coaching and follow-up) as well as benefits counseling and peer support for adults (18+) with chronic mental illness who live in Brooklyn.
- NADAP Vocational Training for Substance Abusers: 212-986-1170  
The National Association on Drug Abuse Problems, Inc. (NADAP) Vocational Training program provides employment, professional training, assessment, and case management programs in NYC. Program services are provided to adult job seekers, dislocated workers, youth, public assistance recipients, workforce development professionals, and the business community.
- NEW Employment Training Services: 212-627-6252 (press 0 to request an information packet).  
Nontraditional Employment for Women (NEW) provides training programs for women (18+), including survivors of domestic violence.
- ACCESS-VR Brooklyn Office: 718-722-6700.  
Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCESS-VR) offers comprehensive vocational rehabilitation to working age adults with disabilities, including: skills assessment, education, skills development and job placement.

- The Hope Program/Job Readiness Program: 718-852-9307.  
The Hope Program is a 35 hr/week, 12 week job readiness and life skills program for adults (18+) who are motivated to work. This program provides specific training in how to choose, find, obtain and keep a job. Participants must be drug and alcohol free for at least four months prior to enrollment.
- Job Corps: 1-800-733-JOBS (5627).  
The U.S. Department of Labor Job Corps program is a free, federally funded residential education and training program that offers those ages 16 and up, who qualify as low income, an opportunity to learn a trade and obtain a high school diploma or TASC and assistance obtaining a job.
- Baltic Street Mental Health Board Brooklyn Peer Advocacy Project: 718-875-7744.  
Provides support and Advocacy for adults (18+) with a mental health diagnosis and who are in outpatient mental health treatment. Includes: resources for entitlements, linkages to housing, referrals to legal services, workshops on recovery and self-help, peer counseling.

## **Substance Use Services**

- Wellness Works Clinic (347) 226-9025  
Crisis Behavioral Health Services, emergency crisis intervention services and crisis stabilization. Screening, assessment, and diagnosing, including risk assessment. Outpatient mental health and substance use services. Targeted Case Management. Psychiatric Rehabilitation Services. Peer support and counselor and family/chosen family services. Intensive, community based behavioral healthcare for members of the armed forces.  
Medication Assisted Treatment (MAT) Medication Assisted Treatment (MAT) uses medication, in combination with counseling and behavioral therapies to treat people with severe addictions.
- S:US Ujima House: (646) 632-3920  
Ujima House provides temporary housing, short term case management and substance abuse services to adult men 18+.
- S:US Esperanza: 718-294-4184.  
Esperanza is a 6 to 9 month transitional treatment program for homeless, unemployed adult men age 18+ in need of substance abuse treatment. Clients live in the program while attending vocational and educational programs, substance abuse counseling, and are then provided assistance in finding affordable housing.
- S:US Starhill: 718-294-4184.  
Starhill is a residential drug treatment program serving adult (18+) men and women in four separate Modified Therapeutic Community Programs contained within one site. Clients' length of stay varies from 6 to 12 months.
- Alcoholics Anonymous NYC Meeting Information: 212-647-1680.  
This is an information and referral helpline that will assist callers in locating AA meetings in both English and Spanish throughout the five boroughs and Westchester County.
- National Council on Alcoholism and Drug Dependence Hotline: 800-622-2255.  
This 24 hour hotline provides referrals for substance abuse and alcoholism. They also have a line that will provide information and assistance on family interventions.
- OASAS Hopeline: 877-846-7369.  
The Office of Addiction Services and Supports (OASAS) Hopeline provides information and referrals for alcohol and substance abuse treatment as well as problem gambling programs in all of New York State.

- SAMHSA Buprenorphine Hotline: 866-287-2728.  
The Buprenorphine Hotline provides callers with information on buprenorphine and where they can find licensed buprenorphine providers in their area.
- Brooklyn Hospital Center Alcohol and Drug Detox Unit: 718-250-8900.  
This is a medically supervised inpatient detoxification unit for alcohol and other drugs. Prescribes methadone. Offers medication management for clients with co-occurring disorders. Accepts walk-ins.
- Cornerstone Inpatient Detox and Inpatient Rehab: 718-906-6700 EX 3150.  
Cornerstone offers inpatient detoxification and inpatient rehab for alcohol, opiate, and benzodiazepine abuse. Serves adults (18+). Van transportation is available if needed.
- Interfaith Alcohol and Drug Detox: 718-613-4194.  
Interfaith's Polydrug Inpatient Detoxification Unit for adults (18+) provides medical staff to help minimize the acute physical stress of early withdrawal..
- Kings County Hospital Detox Unit: 718-245-2660.  
The Chemical Dependency Inpatient Detox Unit at Kings County Hospital serves adults age 18+. Services include: detox from alcohol, heroin, & pills, individual & group therapy, information and referral, activity therapy and NA/AA meetings. Offers psychiatric consult. Accepts walk-ins.
- Project Renewal's Withdrawal Service: 212-533-8400 EX 136 or 137.  
Project Renewal provides non-medical withdrawal from most substances for males, 18+, who live in NYS. Does NOT accept: methadone clients and clients in need of medication assisted detox.
- Start Heroin Addiction Program: 718-574-1923.  
Start provides methadone maintenance.
- Woodhull Hospital Inpatient Detox: 718-963-5910.  
Woodhull's Inpatient Detoxification unit offers 24/7 admissions.
- Addicts Rehabilitation Center: 646-783-5331 EX 201.  
This is a residential substance abuse program for adults, age 19+. Services include: -family services-group counseling-housing-including P.A.C.T. Services-individual substance abuse counseling-job readiness services-legal services and medical services.
- Anchor House, Inc.: 718-771-0760.  
Anchor House is a faith based, long-term (9-12 months) residential treatment program serving adult males age 19+ with drug and alcohol abuse problems. Specializes in working with the homeless population.
- Argus Community Inc., Harbor House: 718-401-5720.  
Harbor House 2 is a residential substance abuse and alcoholism treatment program for homeless, dually diagnosed adults age 21+. Clients must have a history of at least two psychiatric hospitalizations.
- Argus Community Inc., Striver House: 646-224-7058.  
This is a 12-18 month drug free resocialization program for men age 18+.
- Damon House Ex-Offender Residential Drug Treatment: 718-387-9100.  
Damon House is a long-term residential treatment program that treats all male drug abusers, but specializes in working with those being released from prison. Program is 6 to 9 months for general population and longer if court mandated.
- Interfaith Medical Center Drug Rehab: 718-613-4330.  
This is an Inpatient Alcohol and Substance Abuse Rehabilitation program for adults (18+). This is most appropriate for clients who have completed detoxification or who are being discharged

from psychiatric or medical inpatient units.

- Conifer Park: 800-926-6433.  
Conifer Park is a residential chemical dependency treatment facility. Program provides inpatient and outpatient alcohol and substance abuse detox and rehab for adolescents and adults. Accepts clients with co-occurring disorders and provides medication management. Also provides transportation.
- Lower East Side Service Center, Pregnant Women and Infants Program: 212-566-6820.  
The Pregnant Women and Infants Program is a 6 to 12 month residential therapeutic community for opiate dependent pregnant women, ages 18 and up.
- Odyssey House Residential Substance Treatment: 212-987-5100.  
There are multiple separate residential substance abuse treatment programs for adult males age 25-54, adult females age 25-54 females, young men 18-24, elder care for males and females age 55+, mentally ill adults, and family program for women with an ACS case or who want to bring their children.
- Phoenix House Brooklyn Admissions Office: 718-789-4616.  
This is the admissions department for Phoenix House programs. Phoenix house provides residential substance abuse treatment services for adolescents and adults, ages 15 and up.
- Samaritan Village Methadone to Abstinence: 718-441-8913.  
This is a Methadone to Abstinence Residential Program for adults age 18+. Provides detoxification from methadone within a therapeutic community. Treatment duration is based on individual need and an average length of stay is 12 months.
- Samaritan Village Mother/Child Drug-Free Residential Program: 718-657-6195.  
This is a women and young children's long or short-term residential treatment program designed for women (age 17+) with a substance abuse diagnosis, whose usage is unmanageable and which affects their lives in many areas (legal, family, vocational, mental health, and medical).
- Samaritan Village Residential Drug Treatment: 718-681-9300.  
This is a residential substance abuse treatment program for adults 18 and up.
- The New York State Smokers Quitline: 866-NY-QUITS (866-697-8487).  
Services include: Telephone counseling, a 2 week starter kit of free nicotine replacement medications for eligible smokers, and referrals to local smoking cessation programs.
- Bridging Access to Care: 718-622-2910.  
This is a substance abuse day treatment program for HIV+ adults (18+) who are actively using or are in recovery. Also offers educational workshop on: nutrition, HIV treatment and complementary therapies, and Buprenorphine for opiate addiction. Provides transportation. Will serve ex-offenders.
- Kings County Hospital Project Access MICA Day Treatment: 718-245-2660.  
Project Access is a continuing day treatment for adult MICA clients, ages 18 and up, who are severely and persistently mentally ill. Services include: individual and group counseling, medication management, medical services, and exposure to 12-step meetings and sober recreational activities.

## **Housing**

Affordable housing in New York City is hard to find, as we all know. Many programs have been developed to help people with limited incomes, mental illness, substance use problems, and other issues.

- New York City Housing Authority (NYCHA): (718) 250-5900.  
NYCHA offers two types of housing for individuals and families with low-incomes: public housing and Section 8 housing vouchers. For either, rent is based on the welfare shelter allowance and/or 30% of employment income, SSA or SSI. There are restrictions and disqualifications that apply for persons with criminal justice histories. To use a Section 8 voucher, individuals or families would need to find a landlord willing to accept the voucher.
- Other types of affordable housing can be found (and applied for) by calling 311, or going to <http://www1.nyc.gov/nyc-resources/service/1021/affordable-housing>.
- OMH Housing:  
The Office of Mental Health licenses different types of housing for people with a mental illness. Some housing programs have staff on site, some provide meals, some monitor medications. Some units are grouped into a single building, and other units are scattered throughout the community in apartment buildings. All OMH-licensed housing is applied for by submitting an HRA2010e application, which your therapist can discuss with you.
- Housing for Veterans:  
Many housing programs exist for veterans. Find out more by going to: <http://www.nyc.gov/html/vets/html/services/housing.shtml>
- HASA Serviceline: 212-971-0626  
People with HIV can live in any of the housing types. In addition, they are eligible for various types of HASA housing. For information, go to: <http://www1.nyc.gov/site/hra/help/hiv-aids-services.page>
- Dept. of Homeless Services, Prevention Assistance and Temporary Housing (PATH), Phone: 917-521-3900.  
Homeless families with minor children go to PATH.
- Dept. of Homeless Services, Single Men Intake: 400-430 E 30th St New York, NY 10016  
This is the intake shelter for homeless, single men 18+ years of age.
- Dept. of Homeless Services, Single Women Intake Brooklyn: HELP Women's Shelter Brooklyn, NY 11207  
This is an intake shelter for homeless, single women 18+ years of age.
- The Gathering Place Homeless Drop-In Center: 2402 Atlantic Ave Brooklyn, NY 11233.  
Homeless drop-in center serves adult individuals (18+). Services include: 2 meals a day, shower & laundry facilities, access to clothing, mail & phone services, case management, entitlement assistance, substance abuse treatment, medical/mental health care, and recreational activities.
- SCO RHY Drop-In Center: 89 S 10th St Brooklyn, NY 11249.  
RHY Drop-in Center provides homeless and at risk youth (under age 24) and their families with information and access to a variety of services including: food provision, counseling, mediation, educational assistance and referrals to local resources.

### **Food Pantries/Soup Kitchens**

- Seventh Day Adventist Food Pantry: 777 Schenectady Avenue, Brooklyn 11203, Phone: (718)469-2050.  
Open Wed: 10:30 AM - 12:30 PM, closed on the fifth Wednesday of the month.
- Bethel Seventh Day Adventist Food Pantry: 457 Grand Avenue, Brooklyn 11238, Phone: (718) 783-3630.  
Open Wed: 3:00 PM - 5:00 PM.
- Quincy Community Service Food Pantry: 84 Quincy Street, Brooklyn 11238, Phone: (718) 638-



5227.

Open 9:00-11:00 AM on the first and third Saturday, as well as the second and fourth Wednesday, of each month.

- Hope City Empowerment Center Soup Kitchen: 650-656 Washington Avenue, Brooklyn 11238, Phone: (718) 857-5698.  
Open Tue, Thu, Fri: 12:30 PM - 1:30 PM; Sat: 9:00 AM - 11:00 AM.
- Child Development Support Food Pantry: 353-358 Classon Ave, Brooklyn 11238, (718) 398-2050.  
Open Thu: 10:00 AM - 12:00 PM.
- Saint Teresa of Avila Food Pantry: 560 Sterling Place, Brooklyn 11238, (718) 622-3652.  
Open Thu: 8:00 AM - 11:00 AM.
- Siloam Presbyterian Church Food Pantry: 270 Jefferson Avenue, Brooklyn 11216, (718) 789-7050.
- Family Life Development Food Pantry: 1476 Bedford Avenue, Brooklyn 11216, (718) 636-4938.  
Open Mon: 4:00 PM - 6:00 PM.
- Additional food pantry/soup kitchen information can be found on <http://www.foodbanknyc.org/index.cfm?objectid=AAF8054E-3048-651A-2062EA52CF1C8DF7>.

## Legal Assistance

- Brooklyn Bar Association, Volunteer Lawyers Project Inc., Phone: 718-624-3894.  
The Volunteer Lawyers Project offers free legal assistance to financially eligible low-income residents of Brooklyn. The program provides assistance with family law matters such as uncontested divorce, child support, custody and visitation, and domestic violence.
- Brooklyn Community Legal Services, Phone: 718-636-1155.  
Free Legal Services in the areas of housing, ACS, taxes, landlord/tenant issues, foreclosure prevention, family and domestic violence, education/special education, pension rights, disability advocacy, unemployment insurance, employment issues, immigration, discrimination.
- Brooklyn Legal Services Shriver Tyler MacCrate Center for Justice, Phone: 718-487-2300.  
Free civil legal services to low income people and community organizations regarding housing (landlord/tenant issues), foreclosures, and non-profit organization certification.
- Catholic Charities Immigration Services Department, Phone: 212-419-3700.  
Free and low-cost legal services to documented and undocumented immigrants.
- City Wide Task Force, Housing Court Information & Advocacy, Phone: 212-962-4795.  
Information and advocacy to those in arrears with their rent or mortgage payments. During the hotline hours, the staff and volunteers provide information regarding enforcement of housing code violations and other landlord/tenant issues.
- The Legal Aid Society, Health Law Unit, Phone: 212-577-3300.  
Areas of practice: Health law, managed care, Medicaid, Medicare, health access, uninsured, Child Health Plus, hospital billing cases. We serve low income individuals in New York City.
- Legal Services for New York City, South Brooklyn Legal Services, Phone: 718-237-5500.  
Free legal advice and representation for low-income people in matters concerning: housing: foreclosure prevention, eviction prevention; government benefits; family law: domestic violence, unemployment; and HIV related legal services.
- Mental Hygiene Legal Services, New York, Phone: 646-386-5891.  
Mental Hygiene Legal Services provides advocacy for the mentally ill who have been hospitalized involuntarily. Please note that if a caller reaches a voice mail, it does not indicate

that you are calling MH Legal Services, but it is the correct number and you should leave a message.

- **MFY Legal Services, Inc.: Mental Health Law Project, Phone: 212-417-3830.**  
This agency provides civil legal services to adults (18+) suffering from severe and persistent mental illness. They can offer advice and in some cases full legal representation. These services include help with legal problems related to: housing, eviction, landlord-tenant issues, and public benefits.
- **New York City Bar Association: Elderlaw Project, Phone: 212-382-6658.**  
Provides volunteer attorneys to counsel and represent elderly New Yorkers in a variety of areas, including: wills, living wills, health care proxies, powers of attorney. Volunteer attorneys also provide public education on life planning documents and make presentations on life planning.
- **New York City Bar Association: Lawyer Referral Service, Phone: 212-626-7375.**  
The NYC Bar Association's Lawyer Referral Service will help all individuals find an appropriate way to handle most legal issues. Staff will answer general legal questions and provide unbiased referrals to lawyers throughout the five boroughs.
- **New York City Bar Association: Legal Clinic for the Homeless, Phone: 212-626-7383.**  
Legal Clinic for the Homeless staff and volunteer attorneys offer advice, advocacy, and representation on issues such as accessing public benefits, and challenging adverse denials of public benefits.
- **NYC Bar Association Refugee Assistance & Immigrant Women & Child, Phone: 212-382-6710.**  
Provides direct representation and advocacy within 2 programs: 1). The Refugee Assistance Project (RAP): for those seeking political asylum, 2). The Immigrant Women and Children Representation Project: (IWC) for immigrant women (or all genders who are victims of gender based crimes).
- **New York Legal Assistance Group: Free Legal Services, Phone: 212-613-5000 EX 3.**  
NYLAG provides free civil legal services for all low-income people. Services include legal help with: Anti-Discrimination, Civil Rights, Domestic Violence, Consumer Rights, Elder Law, Employment, Food Stamps, Foreclosure Prevention, Eviction Prevention, Healthcare, Home Care, Medicaid, Medicare, and SSI, LGBTQ+ Rights, name and gender marker changes, etc.
- **Urban Justice Center Mental Health Project, Phone: 646-602-5600.**  
Provides legal services for NYC residents with mental illness who are facing eviction or utilities turnoff or whose applications for Social Security Disability Benefits (SSI/SSD) were denied or terminated.
- **The NYS Neighborhood Preservation Coalition, Phone: 718-852-6592 or 518-432-6757.**  
Has eviction prevention programs and information about affordable housing throughout New York State.

## **LGBTQ+ Resources**

- **Audre Lorde Project**  
The Audre Lorde Project is a Lesbian, Gay, Bisexual, Two Spirit, Trans and Gender Non-Conforming People of Color community organizing center. At: <http://alp.org/>  
Manhattan: 147 West 24th Street, 3rd Floor, New York, NY 10011-1911 Phone: (212) 463-0342  
Brooklyn: 85 South Oxford Street, Brooklyn, NY, 11217 Phone: (718) 596-0342
- **The Ali Forney Center**

Offers emergency and transitional housing, drop-in services, meals, support groups, counseling and medical services for LGBTQ homeless youth.

224 West 35th Street, 15th Floor, New York, NY

- Brooklyn Community Pride Center  
Provides services and support to the borough's LGBTQ+ community through original programming and partnerships with other organizations. Has two locations, one in Crown Heights and one in Bed-Stuy. Email [info@lgbtbrooklyn.org](mailto:info@lgbtbrooklyn.org) for more information.
- Callen-Lorde Community Health Center  
Offers a wide range of LGBT health services, including pharmacy and labs, regardless of ability to pay.  
356 West 18th St, New York, NY 10011 Phone: (212) 271-7200  
Thea Spyer Center: 230 West 17th St, New York, NY 10011 Phone: (212) 217-7200  
Callen-Lorde Bronx: 3144 3rd Ave, Bronx, NY 10451 Phone: (718) 215-1800
- GMHC  
Formerly known as Gay Men's Health Crisis, this is the world's first and leading provider of HIV/AIDS prevention, care and advocacy. It provides a large variety of services, including HIV prevention and testing, various psychosocial therapies, psychotherapy and counseling, assistance with housing, case management and meals, among others.  
446 West 33rd Street, New York, NY 10001 Phone: (212) 367-1000
- Hetrick-Martin Institute  
Social services and after school program for LGBTQ+ youth  
2 Astor Place, New York, NY, (212) 674-2400
- Housing Works  
Housing Works provides medical and dental services, behavioral health, case management, housing resources, and supportive services in various locations in the Bronx, Brooklyn, Manhattan, and Staten Island. For a list of services and locations, go to: <http://www.housingworks.org/locations/category/services/>  
57 Willoughby St., 2nd Floor, Brooklyn, NY 11201 Phone: (347) 473-7400
- Identity House  
Provides peer counseling, group support, and therapy referrals to members of the LGBTQ+ community. Visit <http://identityhouse.org> for more information. Phone: (212) 243-8181
- The Lesbian, Gay, Bisexual & Transgender Community Center (The Center)  
Offers the city's LGBTQ communities health and wellness programs; arts, entertainment and cultural events; recovery, wellness, parenthood and family support service.  
208 W 13 St., New York, NY 10011 Phone: (212) 620-7310
- Rainbow Heights Club  
Services including peer support and advocacy for LGBTQ+ persons with behavioral health issues or living with mental illness,  
25 Flatbush Avenue, Fourth Floor, Brooklyn, NY 11217 Phone: (718) 852-2584
- SAGE  
SAGE Centers offer a number of social activities and programs for LGBT older people throughout New York City. Visit the website to find out more about their services and locations: <http://www.sageusa.org/nyc/www.sageusa.org/nyc/>
- Sylvia Rivera Law Project  
The Sylvia Rivera Law Project (SRLP) works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without

facing harassment, discrimination, or violence. At: <http://srlp.org>  
147 W 24th St, 5th Floor, New York, NY 10011 Phone: (212) 337-8550

- Transgender Legal Defense and Education Fund  
Provides public education, test-case litigation, direct legal services, community organizing and public policy efforts. At: <http://www.tldef.org>  
20 West 20th Street, Suite 705, New York, NY 10011 Phone: (646) 862-9396
- Trans Lifeline  
Free hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.  
US: (877) 565-8860  
Canada: (877) 330-6366
- The Trevor Project  
The Trevor Project, based in California, is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth ages 13-24.  
24/7 Helpline: (866) 488-7386  
New York Office Phone: (212) 695-8650

Additional (and more recently updated) resource listings of all sorts are available on  
<http://newyorkcity.ny.networkofcare.org/mh/index.aspx>.